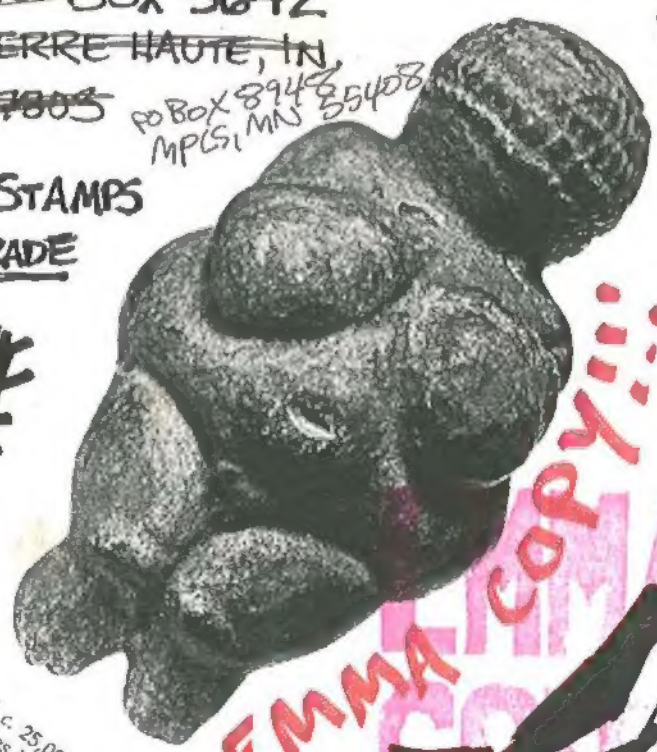


# VENUS

## ENVY

~~P.O. Box 3642~~  
~~TERRE HAUTE, IN~~  
~~47805~~ P.O. Box 8942 55408  
MPCSI MN

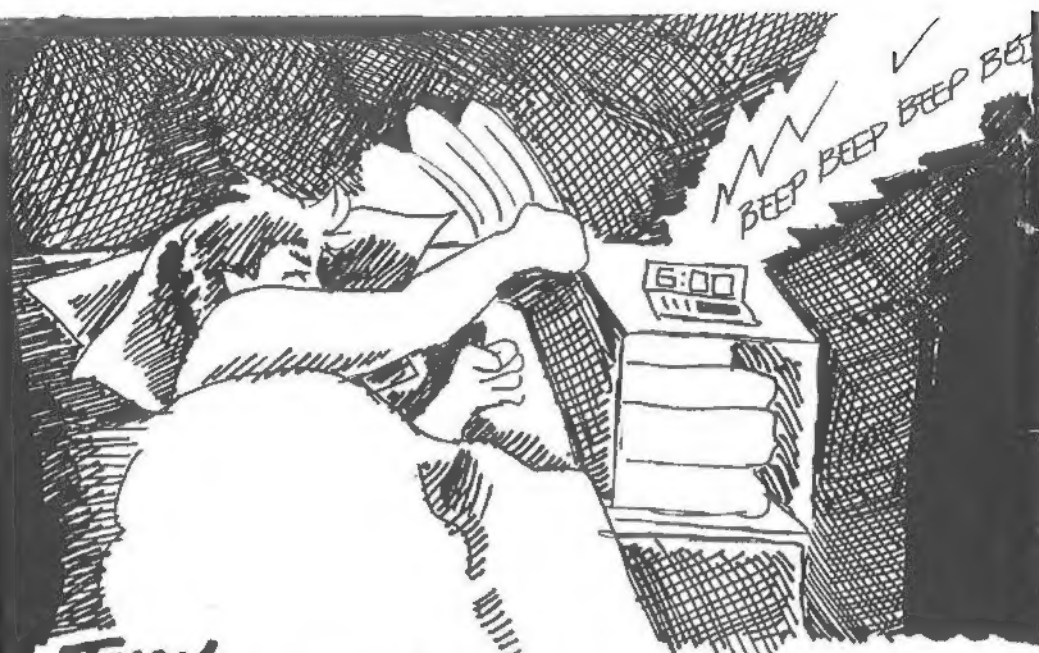
2 STAMPS  
OR TRADE



1-13 actual size. Venus of Willendorf, c. 25,000-20,000 B.C. Stone.  
(Cast of original.)  
Naturhistorisches Museum, Vienna.

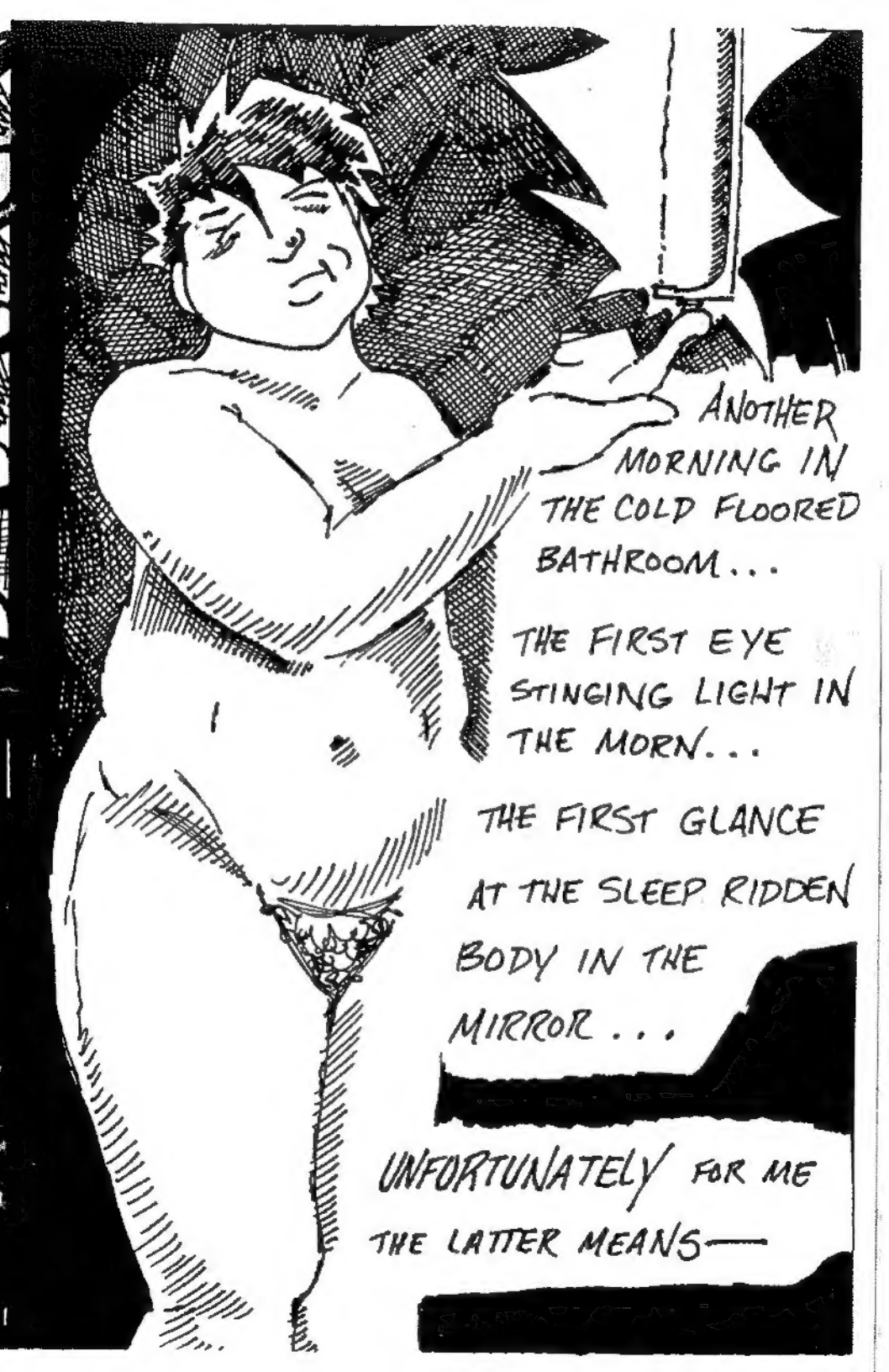
EMMA COPY!!!





**FUCK**... ITS 6:00 ON MONDAY AGAIN...  
TIME TO GO TO THAT **USELESS** JOB....





ANOTHER  
MORNING IN  
THE COLD FLOORED  
BATHROOM...

THE FIRST EYE  
STINGING LIGHT IN  
THE MORN...

THE FIRST GLANCE  
AT THE SLEEP RIDDEN  
BODY IN THE  
MIRROR...

UNFORTUNATELY FOR ME  
THE LATTER MEANS—

**FAT** **UNACCEPTABLE**  
**SUFFER** **STARVE**  
**CRY** **NO WILLPOWER**  
**SHAME** **DEPRESSION**  
**SELF-HATRE**  
**SHAME**

LOVABLE  
 EAT  
 UGLY  
 LUCK  
 ABUSE  
 TWO TON TESSIE  
 FAT  
 SELF-DESTRUCT  
 UGLY DISGUSTING  
 EMBARRAS  
 FATTY/FATTY/FATTY  
 FAT FAT  
 BAD  
 SHAME

FAT FATEATFATFAT FA  
 FAT FATEATFATFAT FA  
 AT FATEATFATFAT

UGLY FAT LONELY/FAT FATEA  
 LONELY UGLY UGLY STUPID.  
 FATE  
 FATE  
 F

WHY ME?

FAT LAZY SLOB  
 USELESS NO GOOD

NO BEAUTY  
 NO SEXUALITY

YOU'RE NO WOMAN.....

WHO'D WANT YOU?  
 MUST BE A LESBIAN MUST  
 BE STRAIGHT MUST BE





SO HERE I  
AM... ANOTHER  
MORNING BY MY  
MIRROR CRYING  
AND SUFFERING  
IN EMOTIONAL  
TORMENT....

---

FROM CHILDHOOD ON,  
I'VE BEEN TAUGHT TO  
HATE EVERY NOOK AND  
CRANNY OF MY BODY,  
THUS CAUSING INTENSE  
DISLIKE, DISTRUST AND  
LOATHING OF  
WHO I AM....



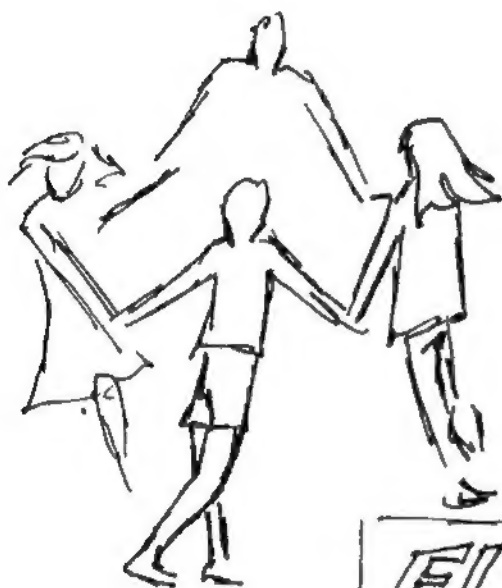
AS A PERSON...

SO HERE'S THE SCENARIO (AND WHICH  
SIDE HAVE YOU BEEN ON?)....



EVERY DAY  
FROM KINDERGARTEN  
THRU THE END  
OF HIGH  
SCHOOL....

RARELY CHOSEN FOR FUN THINGS  
KIDS ALWAYS DID....



ALWAYS LEFT  
OUT...

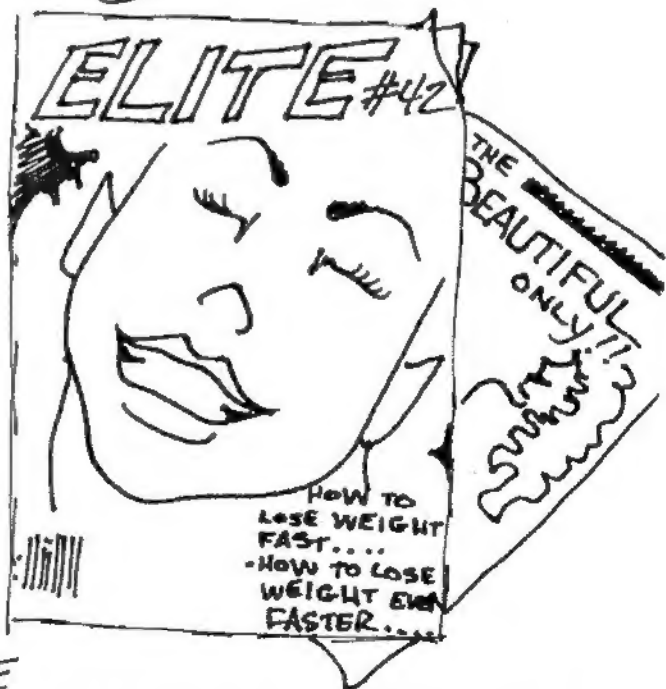
MASS MEDIA  
CONSTANTLY/  
CHANGED....

MAKING THE  
SOCIAL "IDEAL"

MORE AND MORE  
IMPOSSIBLE TO

REACH...(THO' WE

WERE TAUGHT TO TRY OUR BEST TO GET THERE...)



FOR THE MOST PART, THE  
FEW RELATIONSHIPS I HAD  
IN MY YOUNGER DAYS  
USUALLY WENT SOR...

TAKE ~~RICK~~



HAPPY DAY  
FOR ME!

FOR EXAMPLE  
WE HAD LOTS  
OF FUN TILL HE  
SEEMED TO  
DISAPPEAR



COME TO FIND  
OUT ~~RICK~~  
WAS WAY

AMPE

TOO  
EMBARASSED  
TO BE SEEN  
WITH ME  
IN  
FRONT OF  
HIS FRIENDS  
(A GOSSIP  
IN HIS GROUP




ALONE  
AGAIN

HAD TO "BREAK IT  
TO ME.....")



I'VE EVEN MET A FEW  
COOL PEOPLE WITH  
TRUE, KIND HEARTS  
AND MINDS WHO LOVE  
ME FOR ME  
(AND EVEN CONSIDER  
ME "SEXY"...)



THO' THE LOVE IS SO  
GENUINE, SO STRONG...

THE FUCKING TRAINING I HAD FOR SELF-  
HATRED EVEN MAKES ME NOT BELIEVE  
THOSE LOVING SOULS!!!!

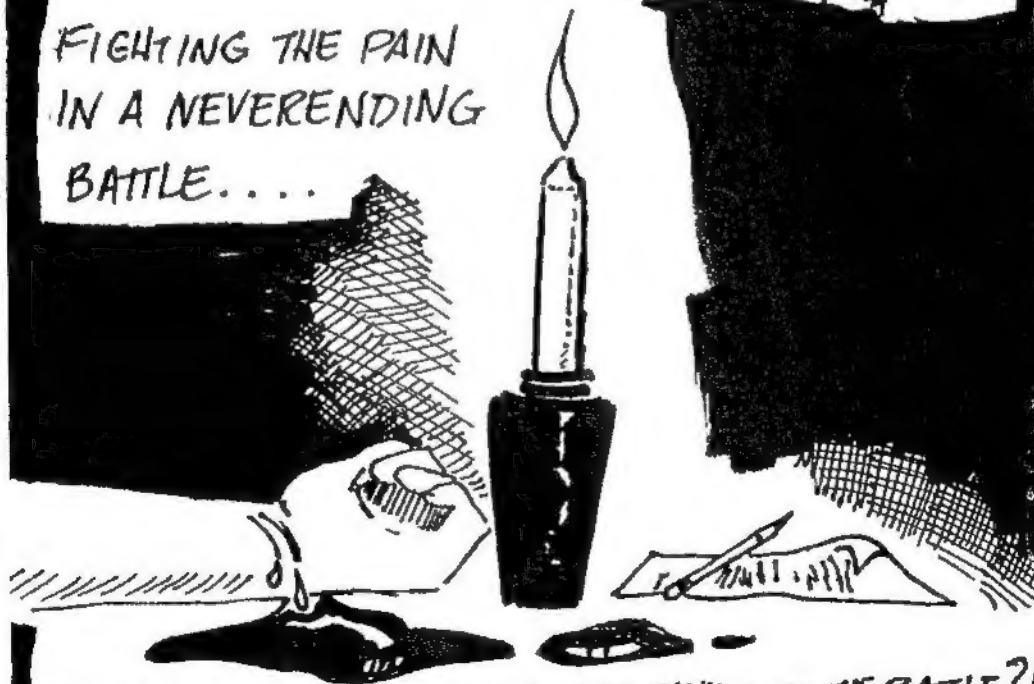
(and it makes them  
hurt, too!)

SURE! I'VE TRIED ALL THE OBVIOUS "CURES"...



PUNISHING MY BODY AND  
MIND AS IT HAD BEEN  
BY OTHERS.....

FIGHTING THE PAIN  
IN A NEVERENDING  
BATTLE.....



DO YOU REALIZE HOW MANY OF US HAVE LOST THE BATTLE?!

## Some facts from "The Beauty Myth" by Naomi Wolf

- \* 90 to 95 percent of anorexics and bulimics are wimmin
- \* America leads the **world** in female anorexia
- \* Some facts quoted from the American Anorexia and Bulimia Association:

- Anorexia and Bulimia strike a **million** American wimmin every year
- 150,000 American wimmin **die** every year from anorexia
- Every twelve months there are 17,024 more deaths from anorexia in the U.S. **alone** than the total number of deaths from AIDS tabulated by the World Health Organization in 177 countries and territories from the beginning of the epidemic to 1988

- \* Joan Jacobson Brumberg in Fasting Girls: The Emergence of Anorexia Nervosa as a Modern

Disease puts the number of all anorexics at

5 to 10 percent of all American Wimmin , i.e.,

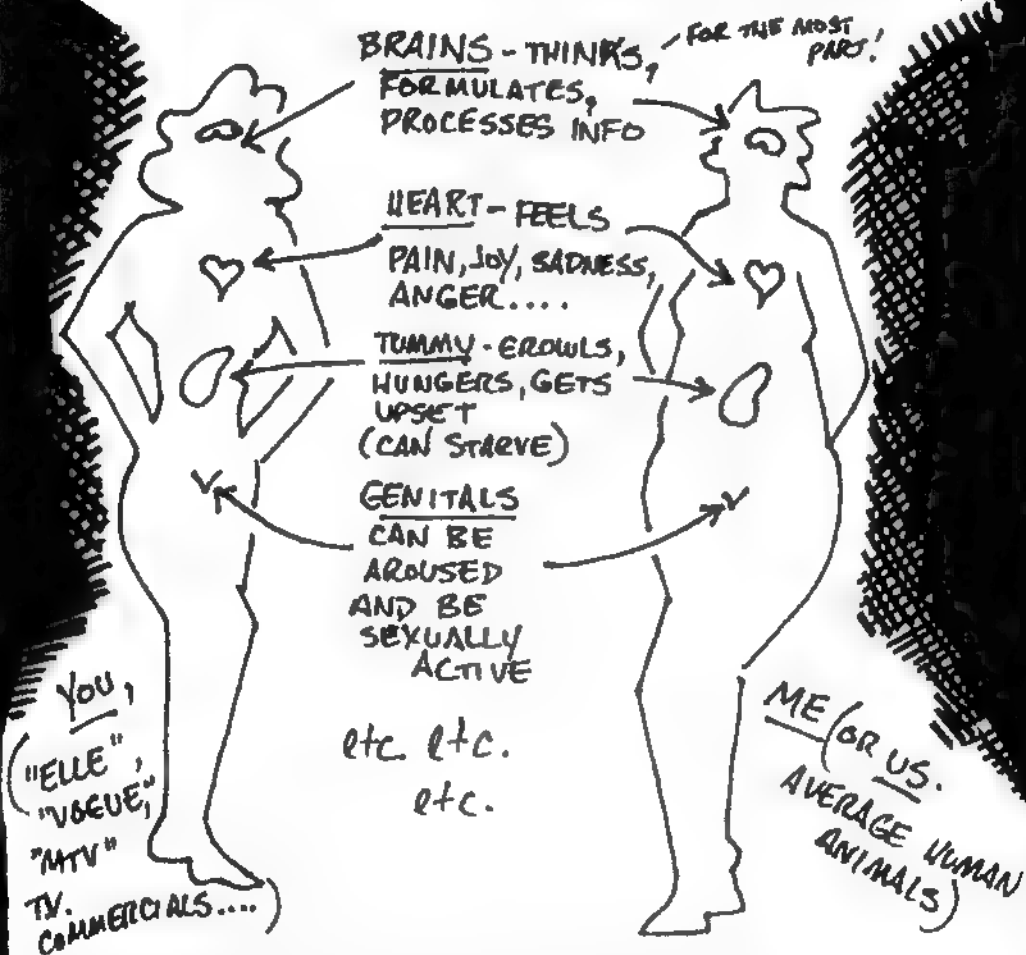
one out of every 5 college students (wimmin) is anorexic.....



ALONE, EMPTY, AND IN PAIN WE DIE...

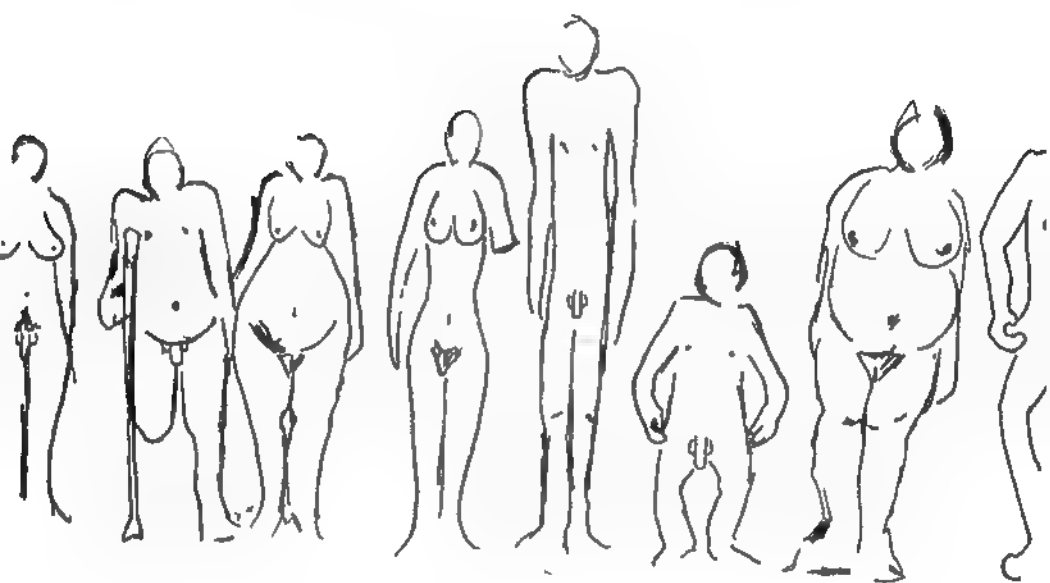
# SO HOW ARE WE SO FUCKING DIFFERENT?!

THINK FOR ONE UNUSUAL MOMENT ABOUT OUR BODIES AND THIER SIMILARITIES...



SO WHEN WE HAVE THE SAME CONTENTS,  
WHY DOES THE PACKAGING MAKE US  
DIFFERENT? IT FUCKING DOESN'T!!!!

LOOK AROUND.....



WE ARE ALL VERY, VERY DIFFERENT....  
DIFFERENT SHAPES, SIZES, COLORS,  
STRUCTURES.... BUT OUR HEARTS,  
DREAMS, DESIRES....

ITS ALL BASICALLY THE SAME....



I STRUGGLE EVERY DAY WITH MY  
MIRROR TO REAFFIRM THAT I AM WHO

I  
AM...



AND THOSE  
PEOPLE WHO CAN'T  
ACCEPT ME FOR WHO I AM MUST LEAD  
A PRETTY SAD, SHALLOW LIFE.....



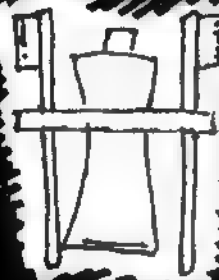
MAYBE THIS  
LIPSTICK 'LL  
BE GOOD FOR  
SOMETHING  
AFTER ALL!!



WANTED:

HEARTS AND MINDS  
OPEN AND FREE  
FOR LOVE, @,  
PEACE and  
UNDERSTANDING  
XO

M@CE



ⓔ THE END ⓐ

NEWSWEEK . SEPTEMBER 3, 1990

# Oh, Come On Fatties!

**GAIN RESPECT**

**THOUSANDS HAVE LOST WEIGHT AND YOU CAN TOO!**

BY KEN HECHT

**A** recent issue of The New England Journal of Medicine reported that genetic makeup is highly influential in determining how the body handles unneeded calories and distributes body fat. In other words, some people are destined to be fat. This is information that should be withheld from the fat multitudes because the obese will latch onto any excuse for failing to lose weight. And destiny is a dandy excuse. I speak from personal experience.

**TRADE YOUR OLD BODY FOR A NEW ONE**

I know my tone may seem cold, harsh and lacking in understanding. But reality often comes in a cold, harsh package. And I understand the devastation to the quality of one's life caused by those feelings of hopelessness and self-loathing. What I also understand is that excuses and the never-ending search for magic bullets keep the overweight stuck where they are: miserable and low on self-esteem.



Let's face it, the obese will latch onto almost any excuse to justify being fat

Now Together with Your Diet You'll  
**Hide Pounds Fast! Lose Bulges, Bumps & Inches**

**ANTI-FAT WONDER WEAPON**  
miracle product.

**LOSE UP TO 50 POUNDS**

**Diet Plan MegaLoss**

HELP SAVE THE PLANET JOIN NOW!  
**USA/NFPA**  
NO FAT PIE  
ASSOCIATION  
**No Fat Pie T-Shirt**  
3 Color Front & Back  
512 50 S, M, L, XL  
1-800-233-4221 Visa/MC/Discover  
Or Send Check or Money Order to  
Sports & Shorts 749 1st St. S. Englewood CO 80150  
all orders add \$1.50 postage



**Lose All The Weight You Can!**

**100% SUCCESS GUARANTEED**

Hecht is a TV producer-writer in Los Angeles  
LIKE THIS GUY WOULD HAVE A GRASP ON REALITY ANYWAY!

BEAUTIFUL by Cindy Headley

Beautiful body, he said.  
She smiled briefly, turned, ordered  
a drink

Mmm...whiskey, our favorite.

She's dead now.

Cardiac arrest due to bulimia.

And someone thought she had a  
beautiful body

5'5"-93 lbs.--a beautiful body?!?

Some call it suicide

But I think it's murder

Murder by images

Images that say skinny is  
beautiful

Your body and looks are who  
you are

Images that are everywhere

Billboards, commercials,

TV shows

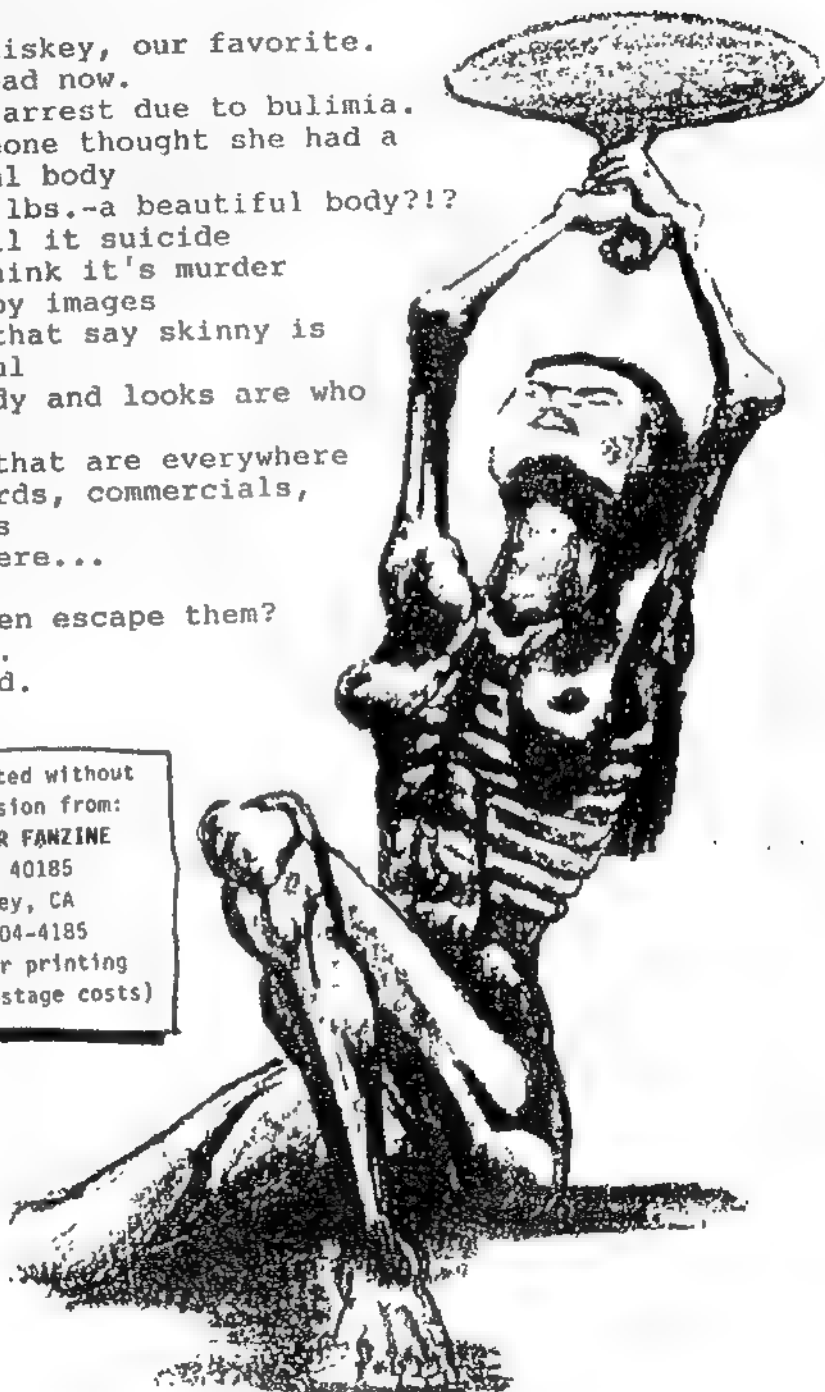
Everywhere...

Can women escape them?

She did.

she died.

reprinted without  
permission from:  
**TOO FAR FANZINE**  
po box 40185  
Berkeley, CA  
94704-4185  
(\$1 for printing  
and postage costs)





## FAT HATE

skinny people torture you  
by telling you that they need to go on a diet  
if they're too fat  
what's that make you  
you must be really disgusting  
in their eyes

skinny people who make a point  
to tell you they're on a diet  
are hatemongers

TV bombards you  
with images of happy skinny people  
drinking diet shakes  
beautiful happy skinny people  
and if you want to be beautiful  
you have to be one of them

### TV IS TERRORISM

thin is beautiful  
fat is ugly  
thin is beautiful  
fat is ugly  
thin is beautiful  
fat is ugly

you're told over and over and over again  
until you believe it

your friends hate you  
they say you have such a pretty face  
they mean the rest of you is ugly  
you walk into a room  
and overhear  
"isn't 'pretty fat' an oxymoron?  
how can you be pretty and fat at the same time"  
then your friend is silent  
when she notices you're in the room

YOUR FRIENDS ARE HATEMONGERS



doctors tell you for \$1,000  
they can make you thin  
they claim you'll be healthy  
and as an added bonus  
you'll be beautiful  
they just want to cut you open  
or starve you  
and watch you gain it all back  
so you'll give them another \$1,000  
i've seen it happen before

#### DOCTORS ARE HATEMONGERS

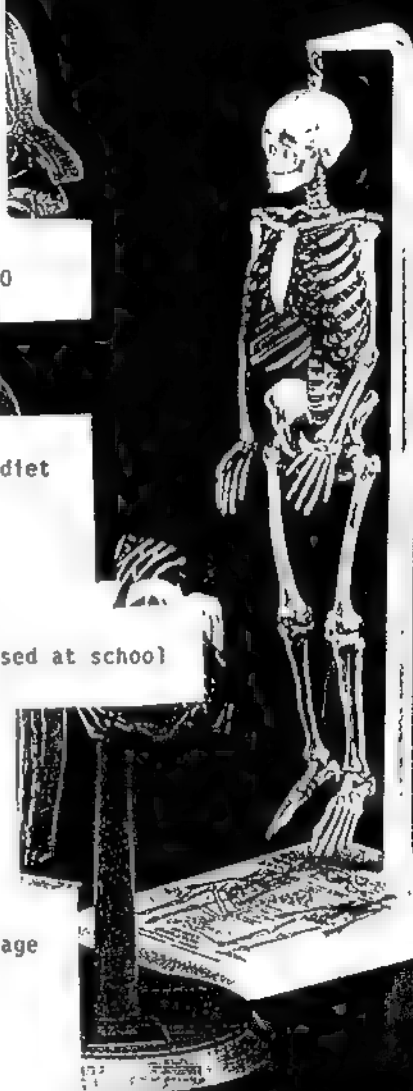
when you were a child  
your parents put you on a forced diet  
even your own fucking parents  
can't love you for who you are  
but oh  
you have such a pretty face  
and  
we just don't want you to get teased at school  
(you fat ugly pig)

#### YOUR PARENTS ARE HATEMONGERS

who gives a fuck  
who in the world gives a fuck  
what fat people feel  
what fat people think  
if you object to the massive barrage  
of hateful talk on TV by the  
aesthetic supremists  
you're just being too sensitive  
SHUT UP FATSO  
you don't count  
you don't matter

shut up fatso

jeff Sub-humyn  
c/o HARMFUL MATTER zine  
po box 3642  
terre haute, IN 47803  
(2 stamps, trade, 50¢  
or whatever)



**From the smelly punk bastard  
writer of VOMIT BLOOD:**

The fucking patriarchal system is turning the wimmins liberation movement against its self by the use and abuse of the female anatomy. notice that as the striving for equality is painfully being fought. There has been a widespread glut of beauty, fashion, and weight loss programs. In the war against wimmin (and make no mistake, it is a war as real as any other) our fascist government and their state controlled media promote the ideas of fashion consciousness and an unattainable degree of physical beauty. The reason why this is being done is quite simple: At 52% of the population, wimmin pose a potential threat to a male dominated society, so of course it is in the bastards self-interest to continue to keep wimmin feeling like shit and powerless. By targeting the physical aspects of wimmin, the system guarantees that men will dominate wimmin, because wimmin will feel so inferior about their own bodies that this insecurity will creep into other areas, and if this is not always true, then the issue of physical attractiveness is turned to nullify any issue of relevance. The persyn wanting equality and justice is dismissed as "the fat, ugly feminist", for example. And this suits our Patriarchy just fine. The pigs have laws passed and court rulings designed specifically to disempower wimmin based solely upon physical reasons. In the court case Barnes vs. Costle, the fascist judge ruled that if a womyns physical characteristics were the reasons given for sexual harassment, then the way she looked became the problem, NOT the harassment, and therefore no protection under the Civil Rights act. In Tamini vs. Howard Johnson Co. (BASTARDS!), Ms. Tamini was "legally" fired for not wearing makeup. With Vinson vs. Meritor Savings Bank, Ms. Vinson was raped by her boss but the dude walked because Judge Swine thought she "welcomed it" with her appearance. For Hopkins vs. Price Waterhouse, Ms. Hopkins was denied a partnership because she wasnt "feminine enough" and didnt wear makeup.

Rape, insult, degradation... Overwhelmed? That's exactly what our system wants you to feel. But together, as wimmin and men, we can do away with this conditioning, this abuse. WIMMIN: Protest, riot, fight back, fuck shit up, but NEVER allow yourself to feel guilty for your abuse. Learn to love yourself and your body for who you are and what you can do, as well as who you are not and what you can't do. MEN: I share your gender. I know what sexist pigs we can be, it's fucking time to start viewing wimmin as equals, NOT beneath us as some sort of fucktoys. Relinquish your power over wimmin and learn that REAL strength comes from within, not dominance over others! We can overthrow our patriarchal government (as we should!) but ultimately, the change to end this shit will come from ourselves, with our attitudes and your actions. So let's work together to truly end sexism and, in the process, FUCK THE GOVERNMENT HARD! Michael Wood



BREW YOUR OWN BEER, SUPPORT  
D-I-Y PUNK PROJECTS, GO  
VEGETARIAN, TAKE THE  
TIME TO LEARN HOW  
ANARCHY WORKS



VOMIT BLOOD  
po box 65072  
St Paul, mn  
55165-0072

2 stamps, or  
trade w/d-i-y  
punk zines!

"Women must claim anorexia as political damage done to us by a social order that considers our destruction insignificant because of what we are-less. We should identify it as Jews identify death camps, as homosexuals identify AIDS: as a disgrace that is not our own, but that of an inhumane social order.

"Anorexia is a prison camp. One-fifth of well-educated American young women are inmates. Susie Orbach compared anorexia to the hunger strikes of political prisoners, particularly the suffragists. But the time for metaphors is behind us. To be an anorexic or a bulimic is to be a political prisoner."

from Naomi Wolf's  
Beauty Myth

Well, I did it.

Thanks for reading **Venus Envy # 1**. The format and contents of this one was pretty focused. In the future I'd like to open the floor, so to speak, to make my issues into a wide-encompassing 'zine. There's too much fucking shit being done to us to be silent.

'Nuff sed.

I'd also like to take some time to thank some very special people in my life. First of all, to **Jeff the subhumyn freak**, for lending me the shoulder to cry on while this thingy was taking shape. That's one anarchist

who is 100% PUNK AS FUCK!!!! (check out his 'zine, **Harmful Matter**, c/o the same p.o. box as **Venus Envy**).

Also a big **FUCKIN' THANK YOU** goes out to Michael Wood for proving to me that there are still beautiful people somewhere out there with fucking 'right-on-it' brains and hearts. You're a good animal, Michael (p.s., check out his 'zine **Vomit Blood**, at p.o. box 65072, St. Paul, MN. 55165...postage 2 stamps or trade with other D-I-Y punk 'zines...its also quite fuckin' cool!!!)

There's not too much info out and about on fat prejudice. In this zine I quoted a bit from **The Beauty Myth** by Naomi Wolf. Check that one out, its really angry with a lot of good facts. Also, check out the Youth Green Clearinghouse pamphlet "The Fat Illusion" for 50¢ (p.o. box 7293, Minneapolis, MN. 55407). If you are involved in some way on trying to dispell this shit prejudice (and we are talking about **all** prejudices, now) and would like to correspond, drop a line to: M@CE, c/o Venus Envy...p.o. box 3642, ~~Terre Haute, In. 47803~~. (or if you are as fucking fed up as me and need to talk....)

→ P.O. Box 8948 MPLS, MN 55408

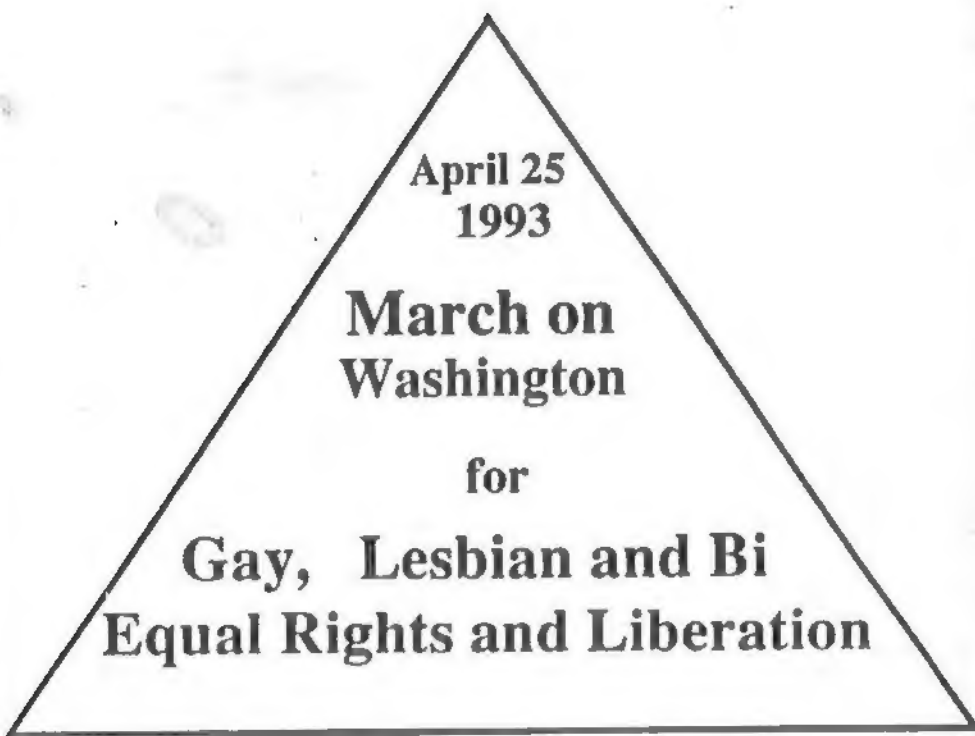
Lastly, I would like to send out a **big green speckled FUCK YOU** to parties like VOGUE, GLAMOUR, all those shit magazines, all that shit t.v. advertising, and any of you fuckers that help promote the suffering we humyns are going thru....cheers!!!!

M@CE (in yer face)

p.s. listen to spitboy and read Too Far 'zine (remember the poem a few pages ago?) because they fuckin'rule!!!!!!







**April 25  
1993**

**March on  
Washington**

**for**

**Gay, Lesbian and Bi  
Equal Rights and Liberation**

## **ANARCHIST CONTINGENT**

Several members of the Love & Rage Network will be attending the march and would like to get together an anarchist contingent (the idea is to make it easier for interested anti-authoritarians to connect, not for L&R to plan an action and recruit participants....this is not intended as a 'black bloc'). Some people may also want to stay for the Monday civil disobedience actions planned by the march organizers. We are looking for sleeping space in DC (which is already filling up) and requesting a place in the line up near ACT UP/ON and other street activists. The march organizers have a broad progressive agenda (anti-racist, favoring national health care and indigenous self determination) which L&R has endorsed. Please come and show your support for sexual liberation!

**FOR MORE DETAILS, CONTACT L&R AT 212-925-7966**